



# Chagdud Gonpa Amrita

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## January 2010

Sun	Mon	Tue	Wed	Thu	Fri	Sat
					1 Vajrakilaya Empowerment & Teachings+ with Gochen Tulku Sang-ngag Rinpoche 2-6pm	2
3	4	5	6 Teaching on the Path of Universal Liberation w/Lama Padma 7pm	7	8	9 Teaching on Meditation Lama Padma Orcas Island++ ----- Red Tara Tsok* 7pm
10 All-Sangha Meeting 2pm	11	12	13 Teaching on the Path of Universal Liberation w/Lama Padma 7pm	14	15	16 Amrita Open House 1-4pm
17	18	19	20 Teaching on the Path of Universal Liberation w/Lama Padma 7pm	21 Open Meditation w/Lama Padma 7:30-8:30pm	22	23
24	25 Guru Rinpoche Tsok** 7pm	26	27 Teaching on the Path of Universal Liberation w/Lama Padma 7pm	28 Open Meditation w/Lama Padma, 7:30-8:30pm	29	30 Full Moon  Gesar & Chenrezig tsok * 2pm
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### Coming up in February

- Vajrakilaya Practice\* 2/12-13
- Chenrezig Nyung-nay\* 2/19-22

+Pre-registrater for Vajrakilaya empowerment.

++Teachings on Orcas, please contact [nakedlamb@rockisland.com](mailto:nakedlamb@rockisland.com) for more information.

- **Jan 6-Feb 3** (5 wks)- The path of Universal Liberation (Mahayana), covering the generation of the three kinds of bodhichitta: aspiration, engaging, and ultimate. The opportunity to receive Bodhisattva vows will be offered on final evening.
- **Jan 21- Apr 8** (11 wks) Open Meditation, all are welcome.
- **Feb 10- Apr 7** (8 wks)- The path of Pure Vision (Vajrayana), covering such topics as empowerment, deity yoga, and the methods and meaning of rites and rituals; and the way of the Great Accomplishment (drubchen). *Restricted to students who have received vajrayana empowerment*

\*Empowerment is a prerequisite for participation in these particular practices. \*\*Vows of Refuge are a prerequisite for participating in this practice.