



Chagdud Khadro met His Eminence Chagdud Rinpoche in Nepal in 1978, became his wife in the US in 1979, and remained his devoted student for twenty-three years. At the time of her ordination as a lama in 1997, Rinpoche invested her as the future Spiritual Director of Chagdud Gonpa Brazil. Since Rinpoche's Parinirvana in 2002, she has focused on maintaining the Vajrayana training that he established. At Khadro Ling, the seat of Chagdud Gonpa Brazil, she has worked with "miraculously assembled teams" (her term) of lamas, artists, and talented sangha members to construct a Guru Rinpoche Palace, to publish texts, and to accomplish projects related to education, to spiritual care for the dying, and Vajrayana ritual arts. She travels, teaches, and leads retreats in the Americas, Europe, and Australia.



**Pre-registration recommended**  
**Chagdud Gonpa Amrita**  
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# Chagdud Khadro

## in Seattle - 2009

### **Cycles of Life, Death and Transformation: A Buddhist Perspective on Death and Dying**

at

**Shoreline Unitarian Universalist Church**  
**14724 1st Ave NE**  
**Shoreline, WA 98155**

[Exit 175 on the I-5, easy parking!]

**September 11, Friday - 7:30pm**

**Public talk: \$15**

Chagdud Khadro will provide an overview of the six intermediate states (bardos), with emphasis on the moment of death and after-death states. She will also discuss special spiritual techniques for preparing for and easing the transition of death.

### **P'howa:**

### **The Transference of Consciousness**

at

*Nalanda West*

**3902 Woodland Park Ave. N**  
**Seattle, WA 98103**

**September 12, Saturday:**

9am - 12pm - Amitabha Empowerment

2pm - 5:30pm - Teachings & Practice

7pm - 8:30pm - Question & Answer

**September 13, Sunday:**

9am - 12pm & 2pm - 5:30pm

Teachings & Practice

**Cost: \$150 - \$250**

P'howa transforms death into an opportunity for liberation rather than merely a severance from what we have known and loved in life. It assures us that we won't die in a state of spiritual uncertainty and drift helplessly after death. One form of p'howa supports our own transition; another form allows us to support other persons who are dying.

Chagdud Khadro trained in p'howa extensively under H.E. Chagdud Rinpoche, who authorized her to teach and to give the p'howa empowerment. Her teachings have found a receptive audience not only among dharma students, but also among health professionals who are seeking new, more profound techniques to alleviate the pain and grief of those they work with. People of other faiths have likewise found the training of p'howa training valuable.

*The Amitabha Buddha empowerment is required for p'howa.*

**No one turned away for lack of funds**