

Teachings with Lama Padma at Chagdud Gonpa Amrita

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The Path of Individual Liberation (*Pratimoksha*)

NOTE: A MP3 CD of this series is available for purchase from our Bookstore.

The Path of Universal Liberation (*Mahayana*)

WEDNESDAYS, 7PM

NOTE: These teachings have been extended until further notice.

These teachings cover training the mind in the generation of the three kinds of bodhichitta:
aspiration, engaging, and ultimate.

The opportunity to receive Bodhisattva vows will be offered.

The Path of Pure Vision (*Vajrayana*)

WEDNESDAYS, 7PM

NOTE: We will announce the start of this teaching series.

These teachings cover such topics as empowerment, deity yoga, and the methods and meaning of rites and rituals (learning how to do what, and why); and the way of the Great Accomplishment (*Drubchen*). This will be a perfect preparation for those attending our annual Chenrezig Drubchen.

Restricted to students who have received Vajrayana empowerment.



What is Meditation?



THURSDAYS, 7:30 - 8:30PM, ongoing until April 8

This is a drop-in class with introductory instructions and suitable for everyone, members and the general public.

If you have friends curious about Buddhist meditation, then this is perfect for them.